



17 April 2026
VITAL STATISTICS – MONTHLY DATA
March 2026

MORTALITY DECREASED 5.3% COMPARED TO THE SAME MONTH OF 2025

In March 2026, there were 10,504 deaths, 337 more (+3.3%) than in the previous month. Compared to the same month of 2025, there was a decrease of 590 deaths (-5.3%). The number of deaths of children under 1 year of age was 18, two more than in March 2025.

In the first quarter of 2026, there were 34,328 deaths on national territory, 768 (+2.3%) more than in the same period of 2025.

In February 2026, 6,450 live births were registered, 948 less (-12.8%) than in January 2026, but 33 more (+0.5%) compared to the same month of 2025.

In February 2026, the natural balance was -3,708¹, having improved in relation to the same month of 2025, when it reached -3,756.

In February 2026, 1,601 marriages were celebrated, 62 less (-3.7%) than in January 2026 and 67 less (-4.0%) than in February 2025.

In this press release, Statistics Portugal provides **preliminary data** on the number of deaths per month until March 2026², and the number of live births and marriages per month until February 2026, that occurred in national territory. The indicators published and analyzed are available on the Official Statistics Portal (www.ine.pt), with geographical breakdowns NUTS 2 and NUTS 3. The hyperlinks to these statistics can be found in the Excel file published together with this Press Release. The information is obtained from the Sistema Integrado do Registo e Identificação Civil (SIRIC) until April 10th, 2026.

¹ The natural balance is calculated based on the difference between the number of live births of mothers residing in Portugal and the number of deaths of residents in Portugal.

² After the release of mortality data for 2022 and considering the decrease of the impact of deaths due to COVID-19 on mortality, the analysis regarding the number of deaths per week was suspended. However, the release of indicators regarding the number of weekly deaths, by NUTS 3 breakdown, until the 14th week of 2026, and daily deaths, by NUTS 2 breakdown, until April 5th, 2026, is assured.

1. IN MARCH 2026, THE NUMBER OF DEATHS DECREASED 5.3% COMPARED TO THE SAME MONTH OF 2025

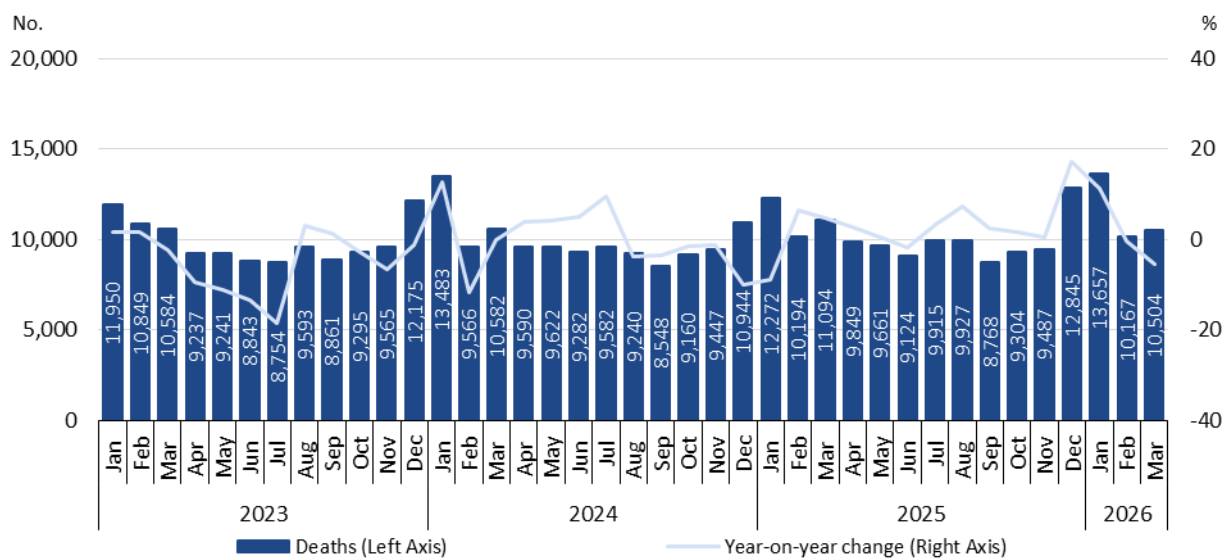
In March 2026, there were 10,504 deaths (of which 47 were from residents abroad), 337 more (+3.3%) than in the previous month. Compared to the same month of 2025, there was a decrease of 590 deaths (-5.3%).

In that month, the number of deaths of children under 1 year old was 18 (all of them born to mothers residing in Portugal), three more than in the previous month and two more than in March 2025.

In the first quarter of the year, there were 34,328 deaths in national territory (768 more than in same period of 2025), of which 55 were deaths of children under 1 year of age (56 in 2025).

Figure 1

DEATHS AND YEAR-ON-YEAR CHANGE, JANUARY 2023 TO MARCH 2026

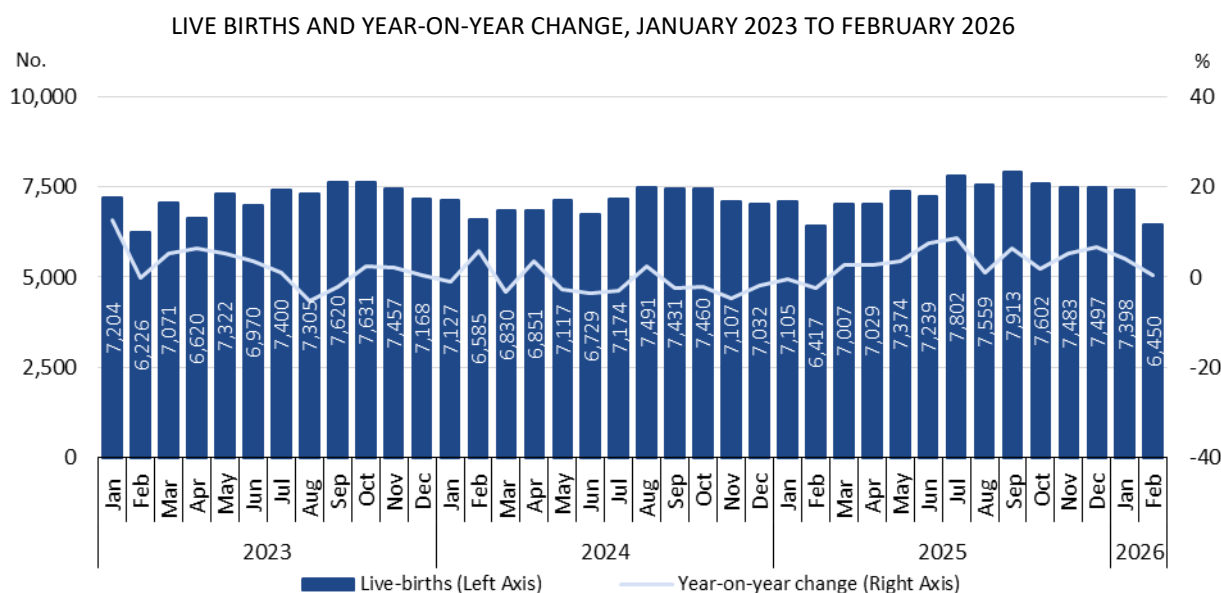


2. IN FEBRUARY 2026, THE NUMBER OF LIVE BIRTHS INCREASED 0.5% COMPARED TO FEBRUARY 2025

In February 2026, there were 6,450 live births (of which, 15 were born to mothers residing abroad), corresponding to a decrease of 12.8% (948 less) compared to January 2026 and to an increase of 0.5% (33 more) compared to the same month of 2025.

In the first two months of the year, 13,848 live births were registered in the country (326 more than in the same period of 2025), of which 25 were born to mothers residing abroad (33 in 2025).

Figure 2



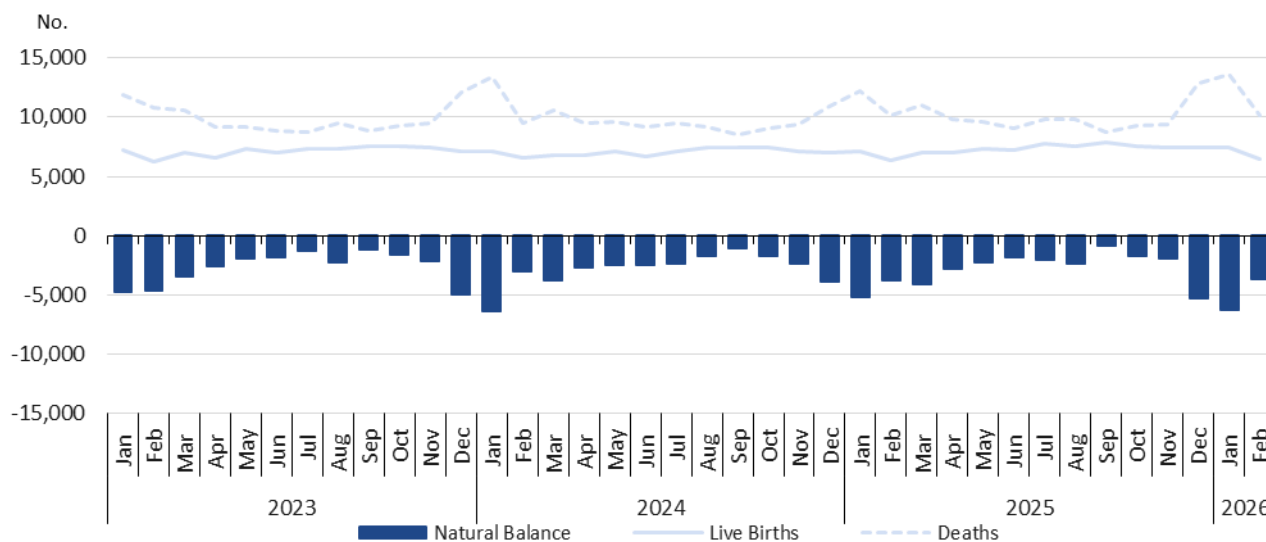
3. NATURAL BALANCE OF -3,708 IN FEBRUARY 2026

In February 2026, the natural balance registered the value of -3,708, having improved compared to the figure of January 2026 (-6,205), and compared to the same month of 2025 (-3,756).

In the first two months of the year, the cumulative value of the natural balance was -9,913, worsening in relation to that registered in the same period of 2025 (-8,902).

Figure 3

LIVE BIRTHS, DEATHS, AND NATURAL BALANCE, PORTUGAL, JANUARY 2023 TO FEBRUARY 2026



Note: The natural balance is calculated based on the number of live births of mothers residing in Portugal and the number of deaths of residents in Portugal.

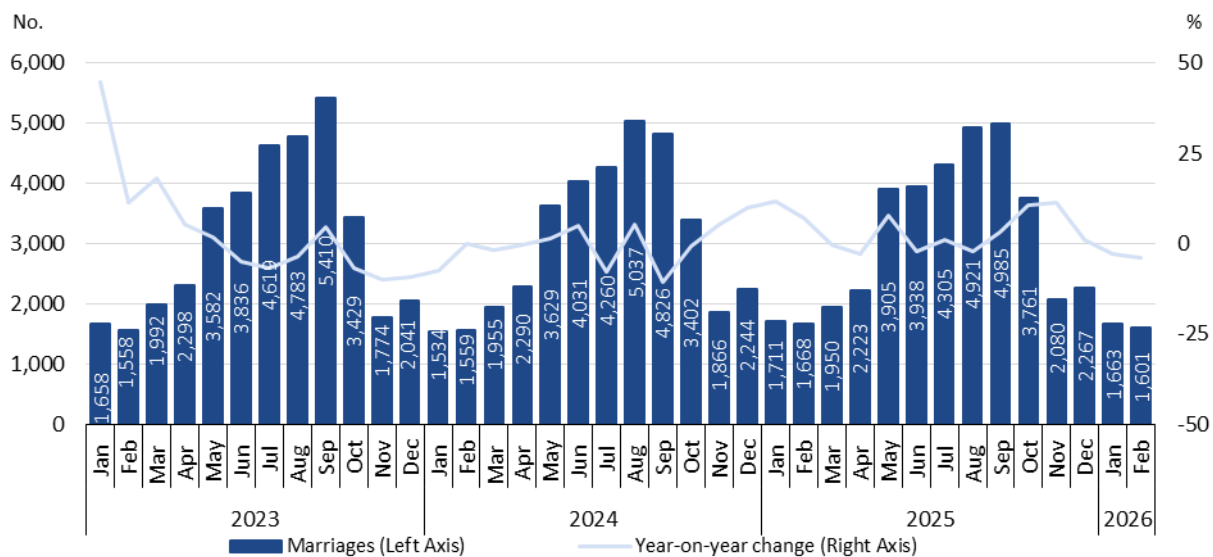
4. IN FEBRUARY 2026, THE NUMBER OF CELEBRATED MARRIAGES DECREASED 4.0% COMPARED TO FEBRUARY 2025

In February 2026, 1,601 marriages were celebrated, lower than the number registered in January 2026 (62 less; -3.7%) and that registered in February 2025 (67 less; -4.0%).

In the first two months of 2026, 3,264 marriages were celebrated, 115 less (-3.4%) than in the same period of 2025.

Figure 4

MARRIAGES AND YEAR-ON-YEAR CHANGE, JANUARY 2023 TO FEBRUARY 2026





TECHNICAL NOTE

Statistics Portugal releases the **preliminary** monthly **numbers** of deaths, live births, and marriages based on the information registered in the Civil Register Offices until April 10th, 2026. Indicators on the preliminary monthly number of live births, deaths, and marriages, from January 2025 to February 2026, with geographical breakdowns up to NUTS 3, by NUTS 2024, as well as weekly number of deaths, until the 14th week of 2026, by NUTS 3 and daily number of deaths, until April 5th, 2026, by NUTS 2 are made available on the Statistics Portugal Website.

Data are obtained from statistical operations of direct and exhaustive collection on live births, deaths and marriages in Portuguese territory using facts that are subject to compulsory civil registration (birth and death) in the Sistema Integrado do Registo e Identificação Civil (SIRIC).

In addition to administrative information obtained from Civil Register Offices, Statistics Portugal collects an additional set of variables identified as statistically pertinent to the National Statistic System (NSS) and the European Statistical System (EES). Data is recorded and sent electronically, in compliance with the requirements set out by Statistics Portugal and laid down in liaison with the Instituto de Registos e Notariado (IRN) and the Instituto de Gestão Financeira e Equipamentos da Justiça (IGFEJ).

CONCEPTS

Marriage: Contract signed by two persons that intend to start a family in full partnership and cohabitation according to legislation. Note: marriage can be held between persons from different or same sex.

Live birth: This is the complete expulsion or extraction from the mother's body, irrespective of the duration of the pregnancy, of a product of fertilization that, after separation, breathes or shows any other signs of life, such as a beating of the heart or umbilical cord or actual contraction of any muscle subject to voluntary movement, whether the umbilical cord has been severed and whether the placenta is retained.

Death: The permanent disappearance of vital functions.

Natural balance: The difference between the number of live births and the number of deaths during a given period.

Year-on-year change: The year-on-year change compares the level of a variable between the reference month and the same month of the previous year.

Next Press Release – 15 May 2026
